

The Quiet Weight of Trust



Trust is a word that gets bounced around a lot. There's a certain gravity to it. Trust suggests steadiness, reliability—something you can lean into when life feels unsteady. But trust is not passive. It is active and tested often. Many times, trust starts with telling the truth about where things stand—not the version we wish were true, but the one that needs tending.

Often, we are told to trust the opinion of others because they know better than us. We spend so much time in our heads and worrying about what others think that we forget that when they say something, it is from the color of their own lens.

It is rare that we are told to trust ourselves.

I invite you to take a journey in trusting your gut—feeling the answer through your being. Take a moment of quiet, and feel. Your center—your body is where your power, your gut, your instincts live. **Decide with all the gifts that are inherently yours and reclaim your power.** When it comes time to hire an expert, be that a doctor, lawyer, financial planner, or accountant, etc., it is important that you **follow your instincts.** This is an opportunity to step into your power and trust yourself to make the right choice, because when you are dealing with somebody who has such an intimate relationship with you—be it your physical or financial health—it is important that this is a person who you believe will have your back. They are on your side. And by choosing someone who is on your side, you are also choosing your own side.

In tax law, we deal with trust in its many forms. Beyond the legal mechanics, there's something deeper at play. When someone walks through my door—sometimes fearful, sometimes angry, often exhausted—what they're really asking is: Can I trust

you with this part of my life? You don't need to carry it all alone. Whether you're facing scrutiny from the IRS or trying to make sense of a past decision, know this: it's possible to regain clarity, reclaim confidence, and take the next step with someone who's walked this path as an advocate countless times before.

In trusting yourself to make the right decision, you are reclaiming that part of yourself and welcoming it back home. Be well Warrior, Chaya

Recent Articles



Avoid FBAR Penalties: What to Do if You Missed Reporting Foreign Accounts

Missed the FBAR deadline? Learn who must file, common mistakes, and how a tax attorney can help if you're facing penalties for unreported foreign bank accounts.



Contractor or Employee? Clearing Up Classification Confusion

Employee classification issues may require the help and guidance of a qualified tax attorney to formulate a strong legal tax defense for adequate protection.

Testimonial

"I am ever so grateful for all of Chaya's help, concern, and forbearance in the past years, and for getting me to this position."

--Lisa, Maryland

Upcoming Events

Event: The 2025 Annual STEP LATAM Conference

Date: September 4-5, 2025

Venue: InterContinental Presidente in Mexico City, Mexico

The STEP LATAM Conference that Chaya will be attending is an annual event organized by The Society of Trust and Estate Practitioners (STEP) for professionals involved in advising families across borders in Latin America, focusing on wealth planning, structuring, and management. Click [HERE](#) to learn more!

About Kundra & Associates



At Kundra & Associates, we pride ourselves on providing zealous and diligent representation, dedicating significant time and focus to each client's case. With 30 years of experience, attorney Chaya Kundra is committed to getting your life back on track, whether you're facing potential civil or criminal issues with the IRS or need assistance with U.S. tax compliance as an international business or investor. We deliberately keep our client volume small, allowing us to work directly with you, ensuring that your case receives the personal attention it deserves. In collaboration with Certified Public Accountants (CPAs), estate professionals, and business legal experts, we strive to resolve your tax issues efficiently while proactively mitigating future risks.

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